

GB UPLAND SCHEDULE JULY 2020

Morning Classes						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Parents & Kids 3-12y old 9-9:45am (Mat 1) zoom	
		Kids 3-12y old 10-11AM (Mat 1)		Kids 3-12y old 10-11AM (Mat 1)	All Levels 10-11AM (Mat 1) zoom	
	All Levels 11AM-12PM (Mat 1)		All Levels 11AM-12PM (Mat 1)		Sparring 11AM-12:00PM (Mat 1)	
	Sparring 12-12:30PM (Mat 1)		Sparring 12-12:30PM (Mat 1)			
Evening Classes						
Tiny/Little Champs 3-6 y old 4:00-4:45PM (Mat 1)	Tiny/Little Champs 3-6 y old 4:30-5:15PM (Mat 1)	Tiny/Little Champs 3-6 y old 4:00-4:45PM (Mat 1)	Tiny/Little Champs 3-6 y old 4:30-5:15PM (Mat 1)			
Jr/Teens 7-14 y old 5:00-5:45PM (Mat 1) zoom	Jr/Teens 7-14 y old 5:30-6:15PM (Mat 1) zoom	Jr/Teens 7-14 y old 5:00-5:45PM (Mat 1) zoom	Jr/Teens 7-14 y old 5:30-6:15PM (Mat 1) zoom			
GB2 6:00-7:00PM + Sparring 7-7:30PM (Mat 1)	GB1 6:30-7:30PM (Mat 1) zoom	GB2 6:00-7:00PM + Sparring 7-7:30PM (Mat 1)	GB1 6:30-7:30PM (Mat 1) zoom	All Levels 6:00 - 7:00PM (Mat 1)		
GB1 7:00-8:00PM (Mat 2)	GB2 (Specific Training) 7:30-8:30PM (Mat 1)	GB1 7:00-8:00PM (Mat 2)	GB2 (Specific Training) 7:30-8:30PM (Mat 1)	Sparring 7:00-7:30PM (Mat 1)		